

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b> Commencing 31/08/2020 21/09/2020 12/10/2020 09/11/2020 30/11/2020	Option 1  Homemade Macaroni Cheese & Garlic Slice	Cottage Pie with Gravy 	Roast Chicken served with Roast Potatoes & Gravy	Plant Based Chicken Curry with 50/50 Rice	MSC Breaded Fish with Chips
	Option 2 Soya Bolognoise with Spaghetti 	Shepherdess Pie with Gravy	Vegetable Wellington with Roast Potatoes & Gravy 	Lentil & Sweet Potato Curry with 50/50 Rice 	Homemade Vegetable Pasty with Chips 
	Vegetables Coleslaw Mixed Salad	Carrots Broccoli	Cabbage Carrots	Sweet Corn Green Beans	Baked Beans Peas
	Dessert Iced Sponge 	Lemon Drizzle Cake	Apple, Cheese & Biscuits	Chocolate & Orange Cake	Vanilla Shortbread 
Or a choice of Yoghurt & Fresh Fruit available daily					
<b>Week Two</b> Commencing 07/09/2020 28/09/2020 19/10/2020 16/11/2020 07/12/2020	Option 1  Mediterranean Vegetable Pasta Bake	Chicken Fajitas with 50/50 Rice 	Roast Pork, Roast Potatoes & Gravy 	Homemade BBQ Chicken Pasta	MSC Fish Fingers with Chips
	Option 2 Vegetable Tagine with Couscous 	Vegetable & Bean Fajitas with 50/50 Rice 	Quorn Roast Fillet with Roast Potatoes & Gravy	Wholemeal French Bread Pizza with Baked Wedges	Vegan Mexican Roll with Chips 
	Vegetables Sweet Corn Broccoli	Roasted Vegetables	Carrots Beans	Green Salad Crudités	Baked Beans Peas
	Dessert Chocolate & Beetroot Brownie	Apple Cake	Carrot & Courgette Cake	Iced Sponge	Spanish Cookie 
Or a choice of Yoghurt & Fresh Fruit available daily					
<b>Week Three</b> Commencing 14/09/2020 05/10/2020 02/11/2020 23/11/2020 14/12/2020	Option 1  Cheese & Tomato Pizza with Baked Wedges 	Homemade Jollof Rice with Chicken	Roast Turkey, Roast Potatoes & Gravy	Plant Based Beef Lasagne with Garlic Slice 	MSC Fish in Batter with Chips
	Option 2 Vegetable Risotto 	Cheese Tomato & Vegetable Pasta	Lentil & Tomato Whirl with Roast Potatoes	Soya Mince Lasagne with Garlic Bread 	Cheese & Potato Wheel with Chips
	Vegetables Sweet Corn Peas 	Carrot Sticks Green Beans 	Carrot Cabbage 	Broccoli Sweet Corn	Baked Beans Peas
	Dessert Chocolate Crunch Cake 	Marble Cake	Apple, Cheese & Biscuits	Orange Drizzle Cake	Apple & Raisin Flapjack 
Or a choice of Yoghurt & Fresh Fruit available daily					

**Available Daily:**  
- Freshly cooked jacket potatoes with a choice of fillings (where advertised)  
- Bread freshly baked on site daily  
- Daily salad selection

**ALLERGY INFORMATION:**  
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.